



# Community Council Health Systems

February 2016 - EDITION XXXVI

## For Your Information Professional Development/Resource Newsletter

Written by Anita Rogers, PhD  
Development Consultant

### From Desk of James Nixon, CEO

#### *CCHS Does Make a Difference!!!*



Loraine Ballard Morrill of iHeart Radio interviewed Kerrie-Ann Russell, a former CCHS participant. Kerrie-Ann shared the inspiring story of how she went from being an angry, tough girl struggling to cope with sexual abuse to a strong woman who has not only found love and marriage, but is finishing up her master's degree with the help of staff and mentors at Community Council Health Systems.

Read more: <http://www.wdasfm.com/articles/community-podcasts-490889/124-kerrieann-russell-14303289/#ixzz3y17oKkXA>; <http://www.power99.com/articles/community-podcasts-490889/124-kerrieann-russell-14303289/#ixzz3y17oKkXA>;  
<http://www.wjjz.com/articles/community-podcasts-490889/124-kerrieann-russell-14303289/#ixzz3y17oKkXA>

## Community Resources Children, Youth & Family Opportunities

**ITWorks** is recruiting young adults, ages 18-26, for its Spring 2016 classes in both Philadelphia and Wilmington, beginning in March. ITWorks is an award winning 16-week job training program that changes lives. It offers free, immersive IT training to young adults— motivated high school graduates, 18-26 years old, who have not yet completed a Bachelor’s degree. Interested students can begin the application process by filling out the [online application \(link is external\)](#).

Temple University School of Social Work Alumni Association is hosting a presentation on **Human Trafficking**. The guest speaker is the Honorable Lori Dumas, Family Court Division- Juvenile Branch. The presentation will be held on Tuesday, February 2, 2016 from 6:30pm- 8pm, at Temple University Walk Auditorium, Ritter Hall, 1301 the corner of Broad and Cecil B. Moore Ave. **Free**

**Free Scholarship Info Sessions.** Students and parents are invited to come learn about the eligibility requirements and guidelines for scholarships available through The Philadelphia Foundation. **Feb 9; March 15.** Learn more [HERE](#).

**C.H.E.E.R.S. Program**  
(Community Health Enrichment Empowerment Resources Services)  
A free Philadelphia Police Department Program for children ages 8-17. Free Breakfast & Lunch  
Saturdays February 27 - April 9th.  
9 locations - find one close to you! For more information and sign up, please visit our website.

[www.phillycheers.com](http://www.phillycheers.com)

**Winter 2016 SAT PREP Workshops**  
Free Library of Philadelphia teamed up with PhillyGoes2College to offer free workshops to help high school students excel at the new SAT Exam. Classes run Wednesdays (January 20- February 24, 2016) and take place at School District of Philadelphia. Learn more [HERE](#).



## Best Practices/Research

### *SAMHSA Mobile Resources to Support Behavioral Health*

**Suicide Safe** helps providers integrate suicide prevention strategies into their practice  
**KnowBullying** provides information and guidance to prevent bullying and build resilience  
**SAMHSA Disaster App** provides responders with access to critical resources—like Psychological First Aid and Responder Self-Care—and Behavioral Health Treatment Services  
**Talk. They Hear You** is an interactive game that can help parents and caregivers prepare for one of the more important conversations they may ever have with children—underage drinking.

<http://www.store.samhsa.gov/apps/>



## Data/Information to Inform Program Practices & Funding Plans

**4 Best Practices for Increasing Volunteer Grant Funds** is a blog article for readers interested in tips on leveraging "Dollars for Doers," a program that generates volunteer grants for nonprofits. Learn more [HERE](#).

### **Child Trends: Child Poverty in the Aftermath of the Great Recession.**

Data recently released by the U.S. Census Bureau demonstrate that poverty rates among families with children not only increased during the Great Recession but have declined only slightly five years after it ended. Read about it [HERE](#).

### **The Every Student Succeeds Act vs. No Child Left Behind: What's changed?**

This USA Today article compares the significance and distinctions of the two legislative acts. Learn more [HERE](#).

**Infographic: Get Year-End Giving Right.** Check out this infographic to see how forward-thinking nonprofits are getting more out of their year-end fundraising. Learn more [HERE](#).

## Show Me the Money!!!

**Bread & Roses Community Fund** is calling for applications for the Racial & Economic Justice Fund and the Future Fund, two funds that provide grants to support community organizing around racial and economic justice. **Bread & Roses** staff encourage all potential applicants to join us for an info session on **Thursday, February 4 at 6:00 p.m. in the Leeway Foundation Community Room** (The Philadelphia Building, 1315 Walnut St., Ste 832). Click the button below to **RSVP** today. Questions? Contact Aarati Kasturirangan at 215.731.1107 ext. 206 or by email at [aarati@breadrosesfund.org](mailto:aarati@breadrosesfund.org). The application deadline is **Tuesday, March 1 by 5:00 p.m.**; updated applications will be available on our website: [www.breadrosesfund.org](http://www.breadrosesfund.org)

**Good Sports** provides sports equipment, apparel, and footwear to youth organizations offering sports, fitness, and recreational programs to youth in need. Eligible youth-serving organizations are welcome to apply (rolling basis) to receive grants toward athletic equipment. Learn more [HERE](#).



**If you are interested in applying for any grant, please contact Anita Rogers @ [arogers235902@comcast.net](mailto:arogers235902@comcast.net)**

# Professional Development & Networking

## Call for Abstracts – 21st Annual Conference on Advancing School Mental Health

This conference will be held in San Diego, California from September 29 – October 1, 2016 and the call for abstracts is open until February 29. The theme of this year's conference is "Shape the Future of School Mental Health: Advancing Quality and Sustainability."

[Read more »](#)

[Submit your abstract online »](#)

### *Free Online System of Care (SOC) Curriculum*

The Georgetown University National Technical Assistance Center for Children's Mental Health (TA Center) has made available a free online curriculum designed to help communities, states, tribes, and territories to implement, improve, sustain, and expand Systems of Care for children, youth, and young adults with behavioral health challenges.

[Access the curriculum »](#)

### *SAMHSA TA Network*

- **Peer to Peer Call: Cultural Adaptation – Thursday, February 4, 1-2 p.m. EST**  
Conference number: 1-877-612-5838, participant pin: 315-8586.
- **Webinar Series on Supported Education for Young Adults with Serious Mental Health Conditions, Part 1: Supported Education, State of the Science** - Click [here](#) to watch the webinar.

### *Restorative Justice: Practices for Healing*

Villanova University will host a day-long conference on on Friday, March 18. [more](#)

### *2016 SAHM Annual Meeting*

*Youth in Context: Interactions Among Adolescents, Environments, and Healthcare*

Society for Adolescent Health and Medicine

**March 9–12**, Washington, DC

[http://www.adolescenthealth.org/Meetings/2016-Annual-Meeting.aspx?utm\\_source=SAHM%](http://www.adolescenthealth.org/Meetings/2016-Annual-Meeting.aspx?utm_source=SAHM%20)

### *SAMHSA's National Children's Mental Health Awareness Day*

Awareness Day shines a national spotlight on the importance of children's mental health and reinforces that positive mental health is essential to a child's healthy development. A national event will take place on **May 5 at 7 p.m. EDT in Washington, DC** to amplify these systems of care's efforts. We look forward to hearing about your community's Awareness Day 2016 activities!